



Salad Fresh

flavour express

Enjoy fresh, flavoursome meals even when you're short of time with Salad Fresh salad and vegetable packs.

Part of one of Australia's fastest growing supermarket categories, Salad Fresh products are pre-cut, triple-washed vegetables and salad ingredients, packaged in bags for ultimate convenience. The range includes traditional lettuce bases, baby leaf blends (perfect for any salad combination), salad kits that turn into complete meals, coleslaw mixes, Asian stir-fry ingredients, risotto mixes and ready-to-cook vegetable selections – everyone's needs and tastes are catered for. Plus, every pack includes easy recipes to help you make delicious snacks, side dishes and main meals. Find them in the fresh-food section of your supermarket. Healthy eating couldn't be easier.



Simply buy the Salad Fresh item from your local supermarket, follow the steps on the back of the pack and enjoy your fresh, healthy meal. The Salad Fresh Veggie Mix is perfect for soups, stews and casseroles.



Salad Fresh
Veggie Mix 400g

The quick and easy gourmet

If you lead a busy life and don't have time for cooking complicated meals, Salad Fresh products are a great way to cut corners – but not flavour or nutrition.



Salad Fresh
Baby Spinach 120g



Salad Fresh
Greek Salad Kit 270g



Salad Fresh
Coleslaw Supreme 400g



Salad Fresh
Summer Lettuce 200g



Salad Fresh
Stir Fry 400g